



REFRACTIVE SURGERY (LASIK, LRI) Post-Operative Instructions

Patient Name: _____

Medications

Note: Wait five minutes between using each eye drop

- Besivance – one drop to operative eye(s) three times a day (including today), spread equally apart, for one week. Invert closed bottle and shake once before use.
- Lotemax – one drop to operative eye(s) three times a day (including today), spread equally apart, for one week. Shake bottle well prior to using drops.
- Preservative Free Artificial Tears (individual vials) – use every two hours for one week
- Artificial Tears – four times a day for the next 90 days

What to Expect in the First Three Months

- Fluctuating vision with progressive clearing over the next few weeks.
- Dimmer vision indoors or at night compared to outside or in bright lights.
- Glare or halos around lights at night.
- Dry eyes and occasional scratchiness.
- Possible need for reading glass, if you are over 40.

Restrictions

- No rubbing the eye(s) for two months
- No eye make-up for three days – You may resume moisturizer and/or foundation after your one day post-op visit
- Wear goggles and or eye shield over eye(s) at bedtime for the one week
- You may bathe or shower but avoid direct water or shampoo in eyes
- No swimming for two weeks in pools, lakes, oceans
- No impact water sports for one month
- No hot tubs or saunas for two weeks
- Avoid dusty or dirty environments
- Protect your eyes from the sun and wind
- **LRI patients:** No sky diving, scuba diving, boxing/karate for one month.

Follow Up Visits

○ Post-op visit: _____
Date Time Location Doctor

○ Post-op visit: _____
Date Time Location Doctor

- If you have questions/concerns or experience significant eye pain, redness or vision loss, please call our office at (913) 897-9200. The doctor can be reached after hours for emergencies.

Patient signature

Date

Counselor signature

Date